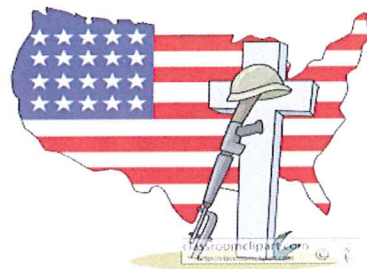




# Prime Time News

601 Locust St Springfield, Tn 37172 615-384-6367

May 2016 Mon-Fri. 9am-4pm June 2016



A Note from Beth

## SPECIAL CLASSES, ACTIVITIES & EVENTS

Most of you that know me very well, know my favorite event for each year is our annual "Pretty in Pink" Mother's Day Luncheon. So you will understand why it pains me to say we will not be having one this year. I have had some medical issues (nothing major) & simply not up to it! I look forward to it so much each year and I am so disappointed! Sometimes unfortunately, we have our limits & this is one of those times. Not to worry however, I seem to be doing better day by day! So go ahead & mark your calendars now for next year's "Pretty in Pink" luncheon on Friday, May 12th!!! I hope you have a WONDERFUL Mothers Day!

MON. May 16th & June 20th  
9:00am

**Bob Ross Painting Class**

**Cost: \$20**  
**(includes supplies)**

**Sign-Up Deadline:**  
Fri., May. 13th & June 17th

MON. May 16th

**No "Jumpstart Your Joints" Class**

### Footcare

WED., May 18th & FRI., May 20th / WED., June 15th & FRI., June 17th  
with **Tynell Moore**, Licensed Cosmetologist  
For an appointment 615-654-2251

### Chair Massage

WED., May 18th  
Licensed Massage Therapist, **Pat Johnson**  
**10 minutes for \$10**  
Please call: 615-491-8846 for appointment

THUR., May 19th & June 16th  
11:00am



**Cost: FREE**  
Bring a favorite dish to share!

**Bring a FRIEND!!!**

Who says "Show & Tell" is for youngsters only? After lunch we'll enjoy hearing/seeing something of interest and/or of importance to some of our "Senior Center" family.



If you would like to schedule to "Show & Tell" in a particular month- please see Beth or Elaine.

"Show & Tell" should be no more than 10 minutes please.

Only 2 "Show & Tell" scheduled participants per month.

**Birthdays Celebrated!**



May 19th - Springfield Baptist Gospel Choir will be here!

Watch for More details for June's Potluck



THUR., May 26th  
11:00am



**Cost: \$5**  
Grilled Hamburgers/Hot Dogs, Potato Salad, Baked Beans, Slaw, Dessert & Drink

**Sign -Up Deadline:**  
Tues., May 24th

MON, May 30th

**CLOSED**

*602*



## JUMPSTART Your Joints

This exciting new exercise class has begun!

Led by a local favorite instructor,

**Anita White**



This class from the Arthritis Foundation is geared towards:

- ~ overall sense of well being
- ~ reduce pain/inflammation
- ~ improve joint function
- ~ increase muscular strength

**Join Us on**  
**Mondays & Wednesdays**  
**10:00am**



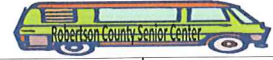
When riding our van...please make sure to fill out an emergency information sheet. You will only have to fill this out once unless you have a change. We want to make sure that our driver has the necessary information at the tips of their fingers should the need arise!




**When coming to  
YOUR Senior Center...**

- \*Sign in @ the front desk
- \* Fill out an In-Kind sheet when making a donation.
- \* Fill out a Volunteer Time Sheet you give of your time & talents.



# OUT & ABOUT



<p><b>WED., May 11th</b> 10:30am</p>	 <p><b>Lunch Cruise Reminder</b></p>	<p>This trip is FULL! For those who signed up &amp; driving on your own- your tickets will be available by <b>11am on Tuesday, May 10th</b>. For those riding with us, Elaine <b>will pass out your tickets the morning of.</b></p>	
<p><b>THUR., May 12th</b> 9:30am</p> <p>Miss Lucille's is an 52,000 sq. feet eclectic antique marketplace with a wide variety of merchandise, ranging from rare antiques, shabby chic,</p>	<p><b>"Breakfast Club"-Cracker Barrel/ Miss. Lucille's Marketplace</b></p> <p>handmade, vintage, and gift items.</p>	<p><b>Cost: \$8</b> van fee + breakfast expenses</p>	<p><b>Sign -Up/Pay by:</b> Wed., May 11th</p>
<p><b>TUES., May 17th &amp; June. 21st</b> 7:00am</p>	<p><b>Metropolis Casino</b></p> 	<p><b>Cost: \$12</b></p> <p>Includes Motor Coach transportation &amp; Buffet lunch.</p>	<p><b>Sign -Up/Pay by:</b> Fri., May 13th &amp; Fri. June 17th</p>
<p><b>TUES., May 17th</b> 10:00am</p> <p><b>TUES., June 7th</b> 10:00am activites begin</p> <p><b>Lunch @ 11:15am</b></p>	<p><b>"Lunch Bunch"- Golden Corral/ Thirft Shopping</b></p>  <p><b>with our friends from The Holiday House &amp; Morningside</b></p>	<p><b>Cost: \$8</b> van fee + lunch expenses</p> <p><b>FREE</b> Fried Chicken &amp; Tea will be provided! Please Bring a side dish/dessert to share!</p> <p><b>Bring your lawn chair!</b></p>	<p><b>Sign -Up/Pay by:</b> Mon., May 16th</p> <p><b>Sign -Up if you plan to eat by:</b> Mon., June 6th so we order enough chicken! <b>Games, Corn Hole, Music &amp; Friends!</b></p>
<p><b>WED., June 15th</b> 10:00am</p> <p>Best known for the catfish and cocktail sauce! After lunch we'll take a 90 min. curise on this U.S. Coast Guard inspected 40' pontoon boat. relaxation and adventure, as the boat glides past waterfront homes and through 30,000 acres of wildlife refuge.</p>	<p><b>"Lunch Bunch"- Riverview Restaurant/ Blue Herron River Cruise</b></p>	<p><b>Cost: \$8</b> van fee + lunch expenses + <b>\$14</b> River Cruise</p>	<p><b>Sign -Up/Pay by:</b> Tues., June 14th</p>
<p><b>THUR., June 23rd &amp; 30th</b> 10:30am</p> <p>This charming musical is dedicated to the woman who came to personify American popular music during the last century. Judy Garland came from rags to riches to become one of the most popular female entertainers in the world. Filled to the brim with Judy's most loved songs like, "Over the Rainbow," "I've Got Rhythm," "The Trolley Song," "Meet Me in St. Louis," "I'm Nobody's Baby," and "You'll Never Be Alone." Judy's inspiring story is the true embodiment of the American spirit, and is sure to inspire and delight</p>	<p><b>JUDY!</b> A Musical Tribute</p>	<p><b>Cost: \$28</b> Play/lunch Buffet Ticket +\$8 van fee</p>	<p><b>Sign -Up/Pay by:</b> Wed., June 22nd &amp; 29th</p>

We strive to provide oppurtunities for everyone to be a part of our fun activities but sometimes- we just can't! The Renanssance Theater seems to be a popular trip that fills up fast! So, in an effort to provide more seniors to attend, we'll be going twice in June! We had some seniors that did NOT get to go last time in March, so to be fair- we have already reserved thier spaces. However, there should be PLENTY more spaces available for one of the 2 days! 😊



**ATTENTION!** On the days we travel to  
 Metropolis or Tunica...  
 Please park your vehicles in the public  
 lot behind Reliant Bank. Vehicles with  
 Handicapped Tags may park in our Back  
 parking lot. Please **DO NOT** park in  
 Handicapped spaces! Please park in  
 spaces close to newspaper bins facing the  
 Methodist Church's parking lot. This  
 leaves handicap parking & regular parking  
 for those coming for center activities  
 while you are gone! ~Thanks~

**Front Desk Volunteers**  
 still needed for:



2nd & 4th Thursdays for 1/2 or full day  
 Short Orientation provided.  
 If interested- please let Beth know!

**Bluegrass Nights**  
**AT THE RYMAN**  
 Thursday, July 28th  
 Supper at Cafe Lula  
 Cost: \$30 ticket + \$8 van Fee + Supper Expenses  
 Pay/Sign Ups Begin: Monday, May 9th @ 10 am

# RENFRO VALLEY OVERNIGHT TRIP

## Thur. May 19th- Fri. May 20th

Beautiful Renfro Valley, KY proudly known as "Kentucky's Country Music Capital"! Inside the lusciously 90 acres of green grass of this Valley you will find a tradition that started back in 1939. The tradition is carried on today with Great classic country, southern gospel and mountain bluegrass music.

We plan to leave **AFTER** our Poluck Lunch around 12:30pm. Then plan to laugh til it hurts at "Elwood Smooch's Hillbilly Hoedown" Comedy Show that Evening. Should be back on Friday by 2pm!



**\$85 Double \$120 Single**



**Includes: Show ticket, overnight stay, breakfast & travel fee.**

**SIGN UPS (In person) BEGIN: MONDAY, May 9th @ 10am**  
 We **CAN NOT** hold checks or cash to pay in advance.



Each newsletter we will feature a few Senior Discounts that we are aware of. You should find a complete list posted on our Community Bulletin Board. We'll be glad to make a copy if you wish.

- Applebee's:** 15% off with Golden Apple Card (60+)
- Ben & Jerry's:** 10% off (60+)
- Burger King:** 10% off (60+)
- Captain D's Seafood:** "Happy Wednesday Offer" choice of 8 meals + drink for \$4.99 or less- varies by loc. (62+)
- Carrabba's Italian Grill:** 20% off on Wednesdays to AARP Members
- CiCi's Pizza:** 10% off (60+)
- Culver's:** 10% off
- Dairy Queen:** 10% off for seniors(15% for coaches) varies by location (free small drink at some locations)
- Dunkin' Donuts:** 10% off or free coffee ( 55+)
- Golden Corral:** 10% off (60+)
- IHOP:** 10% off ( 55+)
- KFC:** free small drink with any meal ( 55+)
- Long John Silver's:** various discounts at locations ( 55+)
- Outback Steakhouse:** 15% off AARP members for meals Monday through Thursday (alcohol excluded)
- Old Country Buffet:** Daily discounts for seniors(55+)
- Arby's:** 10% off ( 55 +)
- Bennigan's:** discount varies by location (60+)
- Chili's:** 10% off ( 55+)
- Country Kitchen:** Great Senior Menu(55+)
- Gatti's Pizza:** 10% off (60+)
- Hardee's:** \$0.33 beverages everyday (65+)
- Jack in the Box:** up to 20% off ( 55+)
- Krispy Kreme:** 10% off ( 50+)
- McDonald's:** discounts on coffee everyday ( 55+)





# TELEPHONE REASSURANCE- A service to Provide Comfort or Help

We have implemented a "redesigned" Telephone Reassurance Program. We have offered this program for many years but it has seemed to remain fairly small. Originally, this program was designed for the participant to receive daily phone calls from a volunteer at a designated time. This structure was intended to make a daily contact in order to insure that the senior was safe. If the individual did not answer a family member or neighbor was phoned and asked to make a check up visit.

We believe there are many more seniors we can reach with this program. The program will now offer 3 different ways in receiving this service. 1.) Some individuals may still want a daily call, others 3-4 times a week, they have a choice. 2.) Individuals may only want this service on a temporary basis, such as while recovering from surgery or an injury. 3.) Some may request a phone call only in the event of weather emergency, such as ice/snow, tornado etc to make sure participant has power & food, In the event that help is needed, appropriate measures will be taken to insure that the individual is assisted.

It is our hope that by broadening this service we will be able to reach more seniors in need. Especially those who are frail, isolated and/or live alone.

Applying for this program is SIMPLE ...Individual (or caregiver) needs to fill out a Participant Registration & short information form. Once completed, a volunteer will call to reaffirm the request and make sure all of the needed information is correct. The volunteer will then make calls in accordance with the agreed upon request. Individuals may request this service for themselves or refer someone they think could benefit from the program.

We are also seeking volunteers as well!! Volunteers will be required to complete a short orientation and then they will be ready to volunteer from the comfort of their own home if they wish!

For more information, to make a referral or to become a volunteer please contact Beth or Elaine.

**Don't forget we lend medical equipment!**

**If you know of a senior in need... contact us!**



## Help your Senior Center EVERY time you grocery shop!

Kroger is committed to helping our communities grow and prosper through Kroger Community Rewards®. They will match a portion of your dollars spent & donate them back to us each quarter!

\*Register your current plus card online @[www.krogercommunityrewards.com](http://www.krogercommunityrewards.com)

(If you do not have one- one may be obtained @ customer service desk of any Kroger)

\*Click on Sign In/Register

\*Most participants are new online, so you must click on SIGN UP TODAY in the new customer box.

\*Sign up your Kroger Rewards Account by entering zip code, clicking favorite store, entering your e-mail address, creating a password & agreeing to the terms and conditions.

\*You will then get a message to check your e-mail inbox & click on a link within the body of the e-mail.

\*Click on **MY ACCOUNT** and use your e-mail address & password to proceed to next step.

\*Click on **EDIT KROGER COMMUNITY REWARDS** information & input your Kroger Plus card number.

\*Update or Confirm your information

\*Enter our **NPO # (92669)** OR select **Robertson County Senior Center** from list & confirm

\*To verify you are enrolled correctly, you should see **Robertson County Senior Center** on the right side of

your information page.

**If you do not have internet access or have trouble registering...please contact Beth**



## Myrtle Beach Show Trip & Charleston, SC



**INCREDIBLE PRICE INCLUDES:**

- Motorcoach transportation
- 6 nights lodging including 4 consecutive nights in the Myrtle Beach area
- 10 meals: 6 breakfasts and 4 dinners
- Three Evening Shows: LEGENDS IN CONCERT, CAROLINA OPRY, & ALABAMA THEATRE'S 'ONE THE SHOW'
- One Morning Show: CIRQUE EXTREME at the Palace Theatre
- Guided Tour of Charleston, SC
- Visit to BROADWAY AT THE BEACH
- Admission to amazing BROOKGREEN GARDENS
- For more pictures, video and information visit: [www.GroupTrips.com/RobertsonCountySeniorCenter](http://www.GroupTrips.com/RobertsonCountySeniorCenter)

**\$675 \***

**7 DAYS 6 NIGHTS**

PER PERSON, DOUBLE OCCUPANCY  
(Sun - Sat)

**September**

**11 - 17, 2016**

**Departure:** Robertson County Senior Center, 601 Locust St, Springfield, TN @ 8 am

**Day 1:** Depart your group's location in a spacious, video and restroom equipped motorcoach as you head for your destination beautiful Myrtle Beach! Tonight, check into an en route hotel for a good night's rest.

**Day 2:** Today after enjoying a Continental Breakfast, you will continue towards your destination. Tonight, you'll enjoy Dinner before checking into your Myrtle Beach area hotel for a four night stay.

**Day 3:** Start your day with a Continental Breakfast before departing to see the CIRQUE EXTREME Show at the Palace Theatre. This award winning show includes thrills, which take the whole Cirque experience to a new level. Then you'll visit BROADWAY AT THE BEACH, an exciting shopping, dining and entertainment complex. Later, you'll enjoy Dinner at a local restaurant before going to the fabulous CAROLINA OPRY SHOW. Thrilling Myrtle Beach visitors for nearly 30 years, this award winning show blends two hours of high-energy music, comedy, and dance. Its awards include Most Outstanding Attraction and voted #1 show for 30 years.

**Day 4:** Enjoy a Continental Breakfast before departing for historic Charleston, South Carolina. Upon arrival, explore Charleston Market and enjoy lunch on your own. Then you will experience a guided tour of Charleston, followed by free time to explore this charming city. Then, depart for Dinner at a local Myrtle Beach-area restaurant before seeing the LEGENDS IN CONCERT Show in their all-new, state-of-the-art theater. This production features a line of tributes of today and yesterdays' greatest musical legends; all backed by a live band and electrifying dancers.

**Day 5:** Enjoy a Continental Breakfast before brightening your morning with a visit to amazing BROOKGREEN GARDENS. One of America's premier gardens for 85 years, each season new exhibitions and special events make Brookgreen Gardens ever-changing and simply amazing. Afterwards, you will go to the Myrtle Beach Boardwalk. Later, you'll enjoy Dinner at a local restaurant before seeing 'ONE THE SHOW' at the ALABAMA THEATRE. This show combines extraordinary talent, iconic production numbers, sizzling visual elements and extravagant costumes with hit songs from many exciting musical genres into a production critics are calling "A Mega Hit!"

**Day 6:** Enjoy a Continental Breakfast before leaving for the South Carolina State Museum in Columbia, SC. This evening, relax at your en route hotel.


**Day 7:** Today, after enjoying a Continental Breakfast, you depart for home... a perfect time to chat with your friends about all the fun things you've done, the great shows you've seen and where your next group trip will take you!

**ADD PEACE OF MIND TO YOUR TRIP...**  
With the Travel Confidence Protection Plan if you have to unexpectedly cancel or cut your plans short. See back for details...

**\$75 Due Upon Signing. \*Price per person, based on double occupancy. Add \$180 for single occupancy. Final Payment Due: 7/12/2016**

**FOR INFORMATION & RESERVATIONS CONTACT:**

## Pigeon Forge and Smoky Mountains Show Trip



**INCREDIBLE PRICE INCLUDES:**

- Motorcoach transportation
- 2 nights lodging
- 4 meals: 2 breakfasts and 2 dinners
- Admission to TITANIC: THE WORLD'S LARGEST MUSEUM ATTRACTION
- One Dinner Show: THE HATFIELD-MCCOY SHOW
- One Evening Show: SMOKY MOUNTAIN OPRY
- One Morning Show: THE MAGIC BEYOND BELIEF SHOW
- Free time in HISTORIC DOWNTOWN GATLINBURG
- For more pictures, video and information visit: [www.GroupTrips.com/RobertsonCountySeniorCenter](http://www.GroupTrips.com/RobertsonCountySeniorCenter)

**\$295 \***

**3 DAYS 2 NIGHTS**

PER PERSON, DOUBLE OCCUPANCY  
(Tue - Thu)

**October**

**18 - 20, 2016**

**Departure:** Robertson County Senior Center, 601 Locust St, Springfield, TN @ 8 am

**Day 1:** Depart your group's location in a spacious, restroom and video equipped motorcoach and arrive later that day in the Smoky Mountains! Upon arrival, you will check into a Smoky Mountain area hotel for a two night stay. This evening after enjoying Dinner at a local restaurant, you'll head to see the SMOKY MOUNTAIN OPRY SHOW. This show brings the heart and soul of music onstage with its fabulous high-energy entertainment, featuring spectacular singing, outstanding choreography, and thrilling special effects!

**Day 2:** Today, you'll start your day by enjoying a Continental Breakfast before departing for the MAGIC BEYOND BELIEF SHOW! This full-scale production features white tigers, large-scale original illusions, celebrity impersonations, singing, comedy, and a tribute to inspiring world-famous magicians. Later, you'll have some time on your own for shopping. This evening, you will enjoy a fabulous meal and a theatrical extravaganza at the HATFIELD-MCCOY DINNER THEATER, the Romeo and Juliet of the Mountains...with Blue Grass Country Music, singing and dancing with hilarious comedy and fun.

**Day 3:** Enjoy a Continental Breakfast before starting your morning at the impressive TITANIC: THE MUSEUM. You can experience the hallways, parlors, cabins, and Grand Staircase of this replica of the world's most famous luxury liner, view actual artifacts, and more. You can also hear passenger stories and pay tribute to their memory. Afterward, enjoy free time in HISTORIC DOWNTOWN GATLINBURG. Later, you'll depart for home... a time to chat with your friends about all the fun things you've done, the great shows you've seen, and where your next group trip will take you!

**ADD PEACE OF MIND TO YOUR TRIP...**  
With the Travel Confidence Protection Plan if you have to unexpectedly cancel or cut your plans short. See back for details...

**\$75 Due Upon Signing. \*Price per person, based on double occupancy. Add \$60 for single occupancy. Final Payment Due: 8/11/2016**

## Branson Holiday Show Extravaganza



**INCREDIBLE PRICE INCLUDES:**

- Motorcoach transportation
- 6 nights lodging including 4 consecutive nights in the Branson area
- 10 meals: 6 breakfasts and 4 dinners
- Admission to 7 Fabulous Branson Shows! Including:
- Three Morning Shows: PUTTIN' ON THE RITZ SHOW, BRETT FAMILY SHOW, and DUBLIN'S IRISH TENORS with special guests THE CELTIC LADIES
- Three Evening Shows: THE 'MILLION DOLLAR QUARTET' SHOW, 70'S MUSICAL CELEBRATION, and THE HUGHES BROTHERS CHRISTMAS SHOW
- SHOWBOAT BRANSON BELLE
- For more pictures, video and information visit: [www.GroupTrips.com/RobertsonCountySeniorCenter](http://www.GroupTrips.com/RobertsonCountySeniorCenter)

**\$655 \***

**7 DAYS 6 NIGHTS**

PER PERSON, DOUBLE OCCUPANCY  
(Sun - Sat)

**Nov 27 - Dec 3**

**2016**

**Departure:** Robertson County Senior Center, 601 Locust St, Springfield, TN @ 8 am

**Day 1:** Board your spacious, video and restroom equipped Motorcoach and set off for the "Live Music Show Capital of the World" - Branson, Missouri. This evening, you'll check into an en route hotel for a good night's rest.

**Day 2:** Start your day with Continental Breakfast before departing for Branson. Later, you'll enjoy Dinner and check into your Branson area hotel for a 4 night stay. This evening, you'll experience THE HUGHES BROTHERS CHRISTMAS SHOW. A triumph of everything you want to feel at Christmas time, the Hughes Brothers present a totally new production for the season!

**Day 3:** After enjoying a Continental Breakfast, you'll start your day with the incredible PUTTIN' ON THE RITZ SHOW. Relive the song and dance routines from major movie musicals showcasing over 50 years of the Golden Age of Hollywood! Next, you'll spend some time at Branson Landing, a shopping and dining complex. Later, you'll sit down to a three-course meal onboard the famous SHOWBOAT BRANSON BELLE, where you will be treated to a spectacular show as you cruise on the pristine waters of Table Rock Lake.

**Day 4:** After enjoying a Continental Breakfast, you will marvel at DUBLIN'S IRISH TENORS with special guests THE CELTIC LADIES. With great looks and incredible voices, this hugely talented group of Ireland's finest singers perform some of the best music of the past century. Next, visit Historic Downtown Branson, with old-fashioned charm, lovely shops, and restaurants. After enjoying Dinner at a local restaurant, take in the "Million Dollar Quartet" show. The "Million Dollar Quartet" is the celebration of a brief moment in history when the music world stood still just long enough for legendary artists Elvis Presley, Johnny Cash, Jerry Lee Lewis, and Carl Perkins to enjoy a jam session.

**Day 5:** After enjoying a Continental Breakfast, you'll start your day with the incredible BRETT FAMILY SHOW. This talented family mixes timeless classics, current chart-topping hits, and award-winning original music. Tonight, after Dinner at a local restaurant, relive a great decade in music with the 70'S MUSICAL CELEBRATION! Starring BARRY WILLIAMS (best known as Greg from the Brady Bunch), this feel-good show features more than 50 memorable songs made famous by artists like the Eagles, Elton John, Carole King, the Carpenters, Neil Diamond, the Bee Gees, Donna Summer, and others you are sure to love!

**Day 6:** Have Continental Breakfast before you depart Branson and head for an exciting Casino in St. Louis. This evening, relax at your en route hotel.

**Day 7:** After enjoying Continental Breakfast, you'll depart for home... a time to chat with your friends about all the fun things you've done, the great shows you've seen, and where your next group trip will take you!

**ADD PEACE OF MIND TO YOUR TRIP...**  
With the Travel Confidence Protection Plan if you have to unexpectedly cancel or cut your plans short. See back for details...

**\$75 Due Upon Signing. \*Price per person, based on double occupancy. Add \$180 for single occupancy. Final Payment Due: 9/20/2016**

*Pay \$75 per person-per trip to reserve your spot today!*

*We are now able to take payments with credit/debit cards either in person or by phone for Motorcoach Travel ONLY!*

*Please see Beth.*

# 2016 Motorcoach Travel



# May 2016 - Activities/Events

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
1	2 9:30am ...Tai Chi 10:00am "JUMPSTART YOUR JOINTS"	3 9:30am ...Cards, Knitting & Crocheting 1:00pm ...Poker	4 10:00am "JUMPSTART YOUR JOINTS" 11:00am ...Corn Toss	5 <b>Cinco de Mayo</b> 9:30am ...Bingo 11:30am ...Cards 1:00pm ...ROOK	6 9:30am ... Tai Chi 7:00pm ... Dance: Good Time Charlie Band	7
8 <b>Mother's Day</b>	9 9:30am ...Tai Chi 10:00am "JUMPSTART YOUR JOINTS"	10 9:30am ...Cards, Knitting & Crocheting 1:00pm ...Poker	11 10:00am "JUMPSTART YOUR JOINTS" 10:30am General Jackson Lunch Cruise 11:00am ...Corn Toss	12 9:30am ...Bingo 9:30am "Breakfast Club"- Cracker Barrel/Miss. Lucilles 11:30am ...Cards 1:00pm ...ROOK 5:15pm...Board Meeting	13 9:30am ...Tai Chi 7:00pm ...Dance: Good Time Charlie	14
15	16 9:00am ...Bob Ross Painting Class 9:30am ...Tai Chi 11:00am ...Retired Teachers Luncheon NO "Jumpstart your Joints"	17 7:00am ...Metropolis 9:30am ...Cards, Knitting & Crocheting 10:00am "Lunch Bunch"- Golden Corral/Thrft Shopping <b>RED HATS #2</b>	18 10:00am "JUMPSTART YOUR JOINTS" 11:00am ...Corn Toss FOOTCARE CHAIR MASSAGE	19 9:30am ...Bingo 11:00am ...Potluck Lunch w/"Show & Tell & Monthly Birthday Celebration-Springfield Baptist Gospel Choir- Entertainment 11:30am ...Cards 1:00pm ...ROOK	20 9:30am ...Tai Chi 7:00pm Dance... Willie McKeen Band <b>FOOTCARE</b>	21 10:00am Late Bloomers Garden Club
22	23 9:30am ...Tai Chi 10:00am "JUMPSTART YOUR JOINTS"	24 9:30am ...Cards, Knitting & Crocheting 1:00pm ...Poker	25 10:00am "JUMPSTART YOUR JOINTS" 11:00am ...Corn Toss	26 9:30am ...Bingo 11:00am Memorial Day Celebration Lunch 11:30am ...Cards 1:00pm ...ROOK	27 9:30am ...Tai Chi 7:00pm ...Dance: Howard Decker & The Cosmic Cowboys Band	28
29	30 <b>Memorial Day</b> <b>CLOSED</b>	31 9:30am ...Cards, Knitting & Crocheting 1:00pm ...Poker				

# June 2016 - Activities/Events

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
			<b>1</b> 10:00am "JUMPSTART YOUR JOINTS" 11:00am ...Corn Toss	<b>2</b> 9:30am ...Bingo 11:30am ...Cards 1:00pm ...ROOK	<b>3</b> 9:30am ...Tai Chi 7:00pm ...Dance: Good Time Charlie Band <b>Elaine &amp; Carl to Gatinburg ??</b>	<b>4</b>
<b>5</b>	9:30am ...Tai Chi 10:00am "JUMPSTART YOUR JOINTS"	<b>7</b> 9:30am ...Cards, Knitting & Crocheting 10:00am "Picnic in the Park" 1:00pm ...Poker	<b>8</b> 10:00am "JUMPSTART YOUR JOINTS" 11:00am ...Corn Toss	<b>9</b> 9:30am ...Bingo 10:00am CHAFFINS 11:30am ...Cards 1:00pm ...ROOK 5:15pm...Board Meeting	<b>10</b> 9:30am ...Tai Chi 7:00pm ...Dance: Good Time Charlie	<b>11</b>
<b>12</b>	9:30am ...Tai Chi 10:00am "JUMPSTART YOUR JOINTS"	<b>14</b> <b>Flag Day</b> 9:30am ...Cards, Knitting & Crocheting 9:30am ...Blood Pressure Checks by Guardian 1:00pm ...Poker	<b>15</b> 10:00am "JUMPSTART YOUR JOINTS" 10:00am 10:00 Riverview Restaurant/Blue Heron Cruise 11:00am ...Corn Toss FOOTCARE CHAIR MASSAGE	<b>16</b> 9:30am ...Bingo 11:00am ...Pottluck Lunch w/"Show & Tell & Monthly Birthday Celebration 11:30am ...Cards 1:00pm ...ROOK	<b>17</b> 9:30am ...Tai Chi 7:00pm Dance...Willie McKee Band <b>Foot Care</b>	<b>18</b> 10:00am Late Bloomers Garden Club
<b>19</b> <b>Father's Day</b>	<b>Summer Solstice</b> 9:00am ...Bob Ross Painting Class 9:30am ...Tai Chi 10:00am "JUMPSTART YOUR JOINTS"	<b>21</b> 7:00am ...Metropolis 9:30am ...Cards, Knitting & Crocheting <b>RED HATS #2</b>	<b>22</b> 10:00am "JUMPSTART YOUR JOINTS" 11:00am ...Corn Toss	<b>23</b> 9:30am ...Bingo 10:30am "Judy Garland"- A Musical Tribute- Renaissance Theater 11:30am ...Cards 1:00pm ...ROOK	<b>24</b> 9:30am ...Tai Chi 7:00pm ...Dance: Howard Decker & The Cosmic Cowboys Band	<b>25</b>
<b>26</b>	9:30am ...Tai Chi 10:00am "JUMPSTART YOUR JOINTS"	<b>28</b> 9:30am ...Cards, Knitting & Crocheting 1:00pm ...Poker	<b>29</b> 9:00am Breakfast club to Mason's in Goodlettsville and on to George Jones Museum 10:00am "JUMPSTART YOUR JOINTS" 11:00am ...Corn Toss	<b>30</b> 9:30am ...Bingo 10:30am "Judy Garland"- A Musical Tribute- Renaissance Theater 11:30am ...Cards 1:00pm ...ROOK		

601 Locust St. Springfield, Tn 37172



NON-PROFIT ORGANIZATION  
U.S. POSTAGE PAID  
Springfield, Tn  
PERMIT # 29

Everyone has been been FANTASTIC giving towards our new mini-bus!



Over 1/2 way there!!

To date- you've contributed approximately \$1,500 through our penny/change drive! Give yourselves a hand!

As promised, our Board has been actively seeking donors & grants. The Stokes Brown Foundation has given a generous donation. Along with other generous donors & our change drive...This puts us over the half way mark!!!

If you someone you know of who would like to make a contribution please see Beth!

P.S. Keep saving your change...its adding up!!!

2015-2016 Board of Directors

Janice Frey, Board Chair Tim Atkins, Vice Chair  
Mary Nell Mealer, Secretary Cathy Lowe,  
Rob DeBerry, Ralph Scott, Glenn Hickman,  
David Crain & Jerome Ellis & Larry Schmidt

See Beth if you need a notary!

- NEEDS LIST**
- tall Kitchen trash bags
  - Copier Paper
  - 40 watt light bulbs
  - Individually wrapped candy
  - Sugar
  - Coffee
  - Stamps

We have advertising spaces available to purchase! Talk to Beth if interested! Help us spread the word!

THANKS

TO OUR FUNDERS:

Stokes & Sarah Brown Foundation



City of Adams

The Memorial Foundation

City of Springfield

