



Prime Time







NEWS

October 15th - November 15th 2017

robertson county
SENIORCENTER
601 Locust St. Springfield, TN 37172 615-384-6367
Beth M. Feltz, Executive Director beth@seniorcenter.com
Elaine Spurlock, Activities Director elaine@seniorcenter.com

Special Classes, Activities & Events

WED., Oct. 18th, THUR. Oct. 19th MON., Oct. 23rd WED., Oct. 25th	 FOOTcare  with Tynell, <i>Licensed Cosmetologist</i>	\$15	For an appointment call: 615-654-2251
WED., Nov. 15th, THUR. Nov. 16th MON., Nov. 27th WED., Nov. 29th			
THUR., Oct. 19th 11:00am	 Lunch	Bring a favorite dish to share!	Bring a Friend!
	Guest Speaker: Mary Hance, aka Ms. Cheap Mary Hance aka Ms. Cheap, writes a frugal consumer column and welcomes your tips on how to save money and time. She is always looking for good sales and penny pinch-ing strategies for stretching our hard earned dollars. The Ms. Cheap column, which has been running for over 20 years in, appears Thursday, Friday, Saturday and Sunday in the Tennesseean. She will be sharing some of her tips, finds and adventures!		



Paint With Nancy

Wed., Oct. 25th

9am-2pm

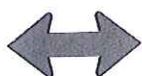
Make your painting selection when
you sign up/pay!

\$20

Please bring your lunch -
for a 30 min lunch break!



Pick one



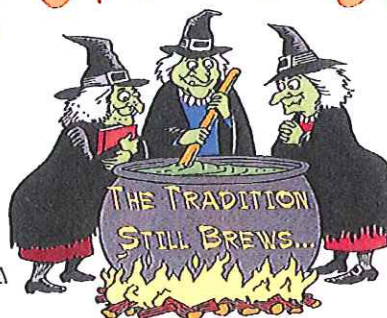
Sign -Up & PAY by:
Fri., Oct. 20th



"CHILI OFF THE SQUARE"

RAIN OR SHINE

TO GO ORDERS WELCOME!



INSIDE & OUTSIDE DINING

COSTUME OPTIONAL -
ALWAYS FUN!

Tues, Oct. 31st

Served between 11am-2pm

THE FUNDRAISER IS OPEN TO THE COMMUNITY!!

\$5

THE FUNDRAISER IS OPEN TO THE COMMUNITY!!

CHILI

HOT DOG

FRITO CHIPS

DRINK

DESSERT

robertson county
SENIORCENTER
601 Locust St. Springfield

NO MORE SHORTS!

Dancer Appreciation Night is really a...

Birthday cake provided!

Please bring finger food to share!



Ms. Mabel Savage

Fri., Nov. 3rd 7pm

FREE admission to the 1st 100 people

Enjoy the "Good Time Charlie" Band

Veteran's Lunch

FRI., NOV 10th

11:30am



RSVP 384-6367 by:
Wed., Nov. 8th

robertson county
SENIORCENTER
601 Locust St. Springfield

FREE to Veterans
\$4 Non-Veterans

GIVING THANKS Luncheon

TUES., Nov 21st 11:00 am

Lets give thanks together with good food & fellowship!

The Senior Center will provide turkey, dressing & drinks.



Seniors are asked to bring a covered dish to share.

Please let us know you will be attending by:

Fri. Nov. 17th



Veteran's Musical Celebration



robertson county
SENIORCENTER 601 Locust St. Springfield

Tuesday, November 7th.

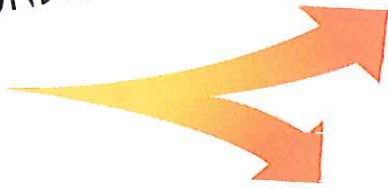
Celebration includes a patriotic ceremony as well as patriotic tunes performed by the **Robertson County Community Band.**


This free community event begins @ **7pm.**

Light refreshments will be served before a final performance of various musical selections

	MON., Nov. 13th	In observance of	
WED., Nov. 15th 9am - 2pm	Paint w/Nancy <i>Pictue choices coming soon!</i>	\$20	Pay/Sign Up by: Fri., Nov 10th
WED., Nov. 15th 1:00pm	Medicare Review	FREE	Afternoon snacks provided
It's Annual Medicare Election Period time again! Mike Gillum will be here review your medicare plan and learn of minor and major changes. Some plans will even include Dental benefits for crowns, bridges and dentures.			
WED., Nov. 15th 2:00pm		Lets gather to prepare these Blessing Bags to be delivered to our shut in friends through Meals on Wheels the week of Thanksgiving	
THUR., Nov. 16th 11:00am	 Lunch	Please bring a favorite dish to share!	Bring a friend!
A NorthCrest Representative will be here to speak on "Holidays Blues"			
	WED., Nov 22nd - FRI., Nov. 24th <i>No Friday Night Dance</i>		

'CHILI OFF THE SQUARE' FUNDRAISER NEEDS





**VOLUNTEERS
NEEDED**

- 2 servers for "To Go" window
- 2 servers for "Dine In" window
- 1 "To Go" cashier
- 1 "Dine In" cashier
- 2 dessert plating volunteers
- 2 drink volunteers



We follow the Robertson County School's inclement weather schedule. If schools are closed...**ALL** activities, events and outings are **CANCELED** unless otherwise notified. If schools open late or close early...we do the same. Make up dates are scheduled when and if possible.

If you see something/somehow/someway you could contribute...please talk to Beth or Elaine. It takes quite a bit of help to pull off this fundraiser and ya'll always step up to the plate!

THANK YOU!

ITEMS/SUPPLIES

Canned drinks (coke, diet coke and sprite-brand)
Frito Chips

Please donate by: Fri., Oct 27th

Home Baked Items

Assorted pies, cakes, brownies & cookies.

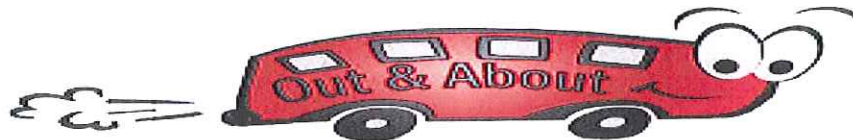
Please drop off on : Mon., Oct. 30th

Dont forget...
We lend
medical equipment !

Please make sure we always have an updated emergency form for you when riding our bus

If you find yourself in need of a notary...
See Beth!

She'll take care of you FREE of charge!



 = walking estimation

<p>THUR., Nov. 9th 9:30am</p> 	<p> "Lunch Bunch"- Bottling Plant Tour</p>	<p>COST: \$14 tour +\$8 bus fee + lunch expenses</p>	<p>Sign Up/Pay by: Wed., Nov. 8th</p>
<p></p>	<p>"Breakfast Club"- Liz's Cafe/Sumner Cnty Museum</p>	<p>COST: \$4 museum fee +\$8 bus fee + breakfast expenses</p>	<p>Sign Up/Pay by: Fri., Nov. 10th</p>
<p></p>	<p></p>	<p>COST: \$6 museum fee +\$8 bus fee + lunch expenses</p>	<p>Sign Up/Pay by: Fri., Nov. 17th</p>

Be sure you wear **CLOSED** toe shoes to go on this tour! Open toe/sandels are **NOT** permitted! ID is also required!! Afterwards, we'll choose a restaurant to stop off for lunch on the way home.

After we fill our tummies with a home cooked breakfast- We'll head to Sumner County to tour ther museum. It is 3 different levels however there are videos to watch if you are unable to make it past level 1, Should be "sitting" places to rest if needed.

It's "Senior Day" at this beautiful museum so lets enjoy the exhibits, lunch in the museum cafe and after lunch tunes of Snappy Pappy.

COMING SOON



Tues., Dec. 5th .. Christmas Concert (Robertson County Community Band)

Fri., Dec. 22nd...Christmas Brunch

TV game day/night

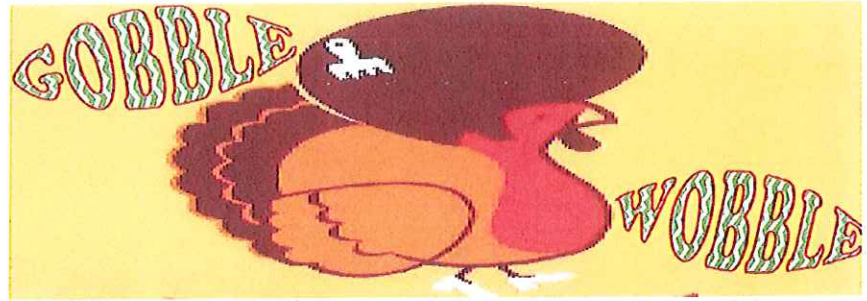
Bocce Ball

Diabetes Class

Bingocize

Daily/Weekly Devotional group

State Capital Christmas Tour, Two Rivers Mansion Tour, Christmas Dinner in Russellville Ky, Lights Under Louisville



SAT., Nov 25th

7:00pm - 11pm

Concessions sold!

Door Prizes

Welcome Back by popular demand...

The ENTICE BAND



Five decades of great, well known music!

MOTOWN
SOUL
DISCO

CHART
R 'N' B
FUNK
JAZZ



Pre-sale Tickets: \$10 til Tues., Nov 21st
\$13 @ the door night of

MARY DILLAHAY	OCTOBER 17
JO ANN HOUGE	OCTOBER 17
SHIRLEY EVANS	OCTOBER 18
EDNA LOWHORN	OCTOBER 19
WILLIAM "BILL" ALLEN	OCTOBER 20
ROY BROWN	OCTOBER 20
GEORGE HAMBLIN	OCTOBER 20
DOROTHY MORTON	OCTOBER 20
JUANITA BAGWELL	OCTOBER 21
MABEL SAVAGE	OCTOBER 22
FRANCES BOYD	OCTOBER 24
THOMAS MOONEYHAN	OCTOBER 24
SHIRLEY NIPPER	OCTOBER 24
ANTHONY FRENSELY	OCTOBER 25
JEAN HOWSE	OCTOBER 25
THELMA JOHNS	OCTOBER 25
ELIZABETH WELCH	OCTOBER 26
CLYDE BEDWELL	OCTOBER 27
JULIA JONES	OCTOBER 27
BARBARA ABNEY	OCTOBER 29
MICHAEL CALLIS	OCTOBER 29
RAYMOND KNOWLES	OCTOBER 30



ELAINE HARDISON	NOVEMBER 1
PAUL TABOLINSKY	NOVEMBER 1
FAYE TOOTHMAN	NOVEMBER 1
LINDA LEE	NOVEMBER 2

BILLY BOTTOMS	NOVEMBER 3
LINDA CRANE	NOVEMBER 3
RICHARD WOODS	NOVEMBER 4
RUTH DREXLER	NOVEMBER 5
JANET KAUTZ	NOVEMBER 5
FRANK MITCHELL	NOVEMBER 5
ATRICIA BINKLEY	NOVEMBER 6
DEBRA RICHARDS	NOVEMBER 6
BRENDA OLDHAM	NOVEMBER 7
MARGARET COBB	NOVEMBER 8
TERRY DEAL	NOVEMBER 8
KAREN SWEATT	NOVEMBER 8
LEX HIGHSMITH	NOVEMBER 9
MARY NICHOLSON	NOVEMBER 9
MAUREEN LAMBERTH	NOVEMBER 11
PRISCILLA MOORE	NOVEMBER 11
BETTY DOBLE	NOVEMBER 12
PEGGY GROGAN	NOVEMBER 13
FOTAINÉ JOHNSON	NOVEMBER 13
MARY HUTCHESON	NOVEMBER 15
JOHNNY WESSON	NOVEMBER 15
JACQUELINE WILLIAMS	NOVEMBER 15



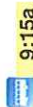








The **Tennessee Yellow Dot Program** is designed to provide first responders with an individual's medical information in the event of an emergency.

Participants receive a Yellow Dot decal, folder and medical information sheet; a personalized photos placed on the sheet. After completing medical information sheet, folder should be placed in glove compartment of car with yellow decal on the back window.

Yellow Dot supplies are free of charge and may be picked up at the Senior Center!

October 2017 - Activities/Events

BOLD Print = Special Monthly Activities

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
1	2 9:30a ...Tai Chi 10:00a "JUMPSTART YOUR JOINTS" 11:00a Bridge Club	3 9:30a ...Cards, Knitting & Crocheting 1:00p Poker	4 10:00a "JUMPSTART YOUR JOINTS" 11:00a ...Corn Hole	5  9:15a Cannonsburgh Village/O'Charley's 9:30a ...Bingo 11:30a ...Cards 1:00p ...ROOK	6 7:00p Dance- Good Time Charlie	7
8	9  Columbus Day CLOSED	10  9:15a "Breakfast Club" - Ruby's, Time Machine Antique Mall and Sumner County Winery. 9:30a ...Cards, Knitting & Crocheting 1:00p Poker	11 10:00a "JUMPSTART YOUR JOINTS" 11:00a ...Corn Hole	12 9:30a ...Bingo 11:30a ...Cards 1:00p ...ROOK 5:15p Board Meeting	13 ★ 11:00a CAMP RCSC 7:00p Dance- Ed Coffey	14
15	16 9:30a ...Tai Chi 10:00a "JUMPSTART YOUR JOINTS" 11:00a Bridge Club	17 9:30a ...Cards, Knitting & Crocheting 1:00p Poker	18 FOOTCARE 10:00a "JUMPSTART YOUR JOINTS" 11:00a ...Corn Hole	19 FOOTCARE 9:30a ...Bingo ★ 11:00a ...Potluck Lunch w/Birthday Celebration ★ 11:30a Ms. Cheap from The Tennessean	20 7:00p Dance- Rode West	21 ★ 10:00a Late Bloomers Garden Club
22	23 FOOTCARE 9:30a ...Tai Chi 10:00a "JUMPSTART YOUR JOINTS"	24 9:30a ...Cards, Knitting & Crocheting 1:00p Poker	25 FOOTCARE ★ 9:00a Paint w/Nancy  9:30a Pigeon Forge Trip 10:00a "JUMPSTART YOUR JOINTS"	26  Pigeon Forge Trip 9:30a ...Bingo 11:30a ...Cards 1:00p ...ROOK	27  Pigeon Forge Trip 7:00p Dance-	28  Pigeon Forge Trip
29	30 9:30a ...Tai Chi 10:00a "JUMPSTART YOUR JOINTS"	31  Halloween 9:30a ...Cards, Knitting & Crocheting  11:00a "Chili off the Square" 1:00p Poker				

November 2017 - Activities/Events

BOLD Print = Special Monthly Activities

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
			1 10:00a "JUMPSTART YOUR JOINTS" 11:00a ...Corn Hole	2 9:30a Ms. Pattis/Badgetts Theater Overnight Trip 9:30a ...Bingo 11:30a ...Cards 1:00p ...ROOK	3 Ms. Pattis/Badgetts Theater Overnight Trip (return early afternoon) ★ 7:00p Mabel Savage B-day Celebration - Good Time Charla ...	4
5 Daylight Saving Time ends	6 9:30a ...Tai Chi 10:00a "JUMPSTART YOUR JOINTS" 11:00a Bridge Club	7 Election Day 9:30a ...Cards, Knitting & Crocheting 1:00p Poker ★ 7:00p Veteran's Musical Celebration	8 10:00a "JUMPSTART YOUR JOINTS" 11:00a ...Corn Hole	9 9:30a "Lunch Bunch" - Coca Cola Plant/Lunch 9:30a ...Bingo 11:30a ...Cards 1:00p ...ROOK 5:15p Board Meeting	10 ★ 11:30a Veteran's Lunch 7:00p Dance- Ed Coffey	11 Veterans Day
12	13 CLOSED- in observance of Veterans Day	14 9:00a "Breakfast Club" - Liz's Cafe/Sumner County Museum 9:30a ...Cards, Knitting & Crocheting 1:00p Poker	15 ★ 9:00a Paint w/ Nancy 10:00a "JUMPSTART YOUR JOINTS" 11:00a ...Corn Hole ★ 1:00p 2018 Medicare Review	16 FOOTCARE 9:30a ...Bingo ★ 11:00a ...Potluck Lunch w/Birthday Celebration ★ 11:30a NorthCrest Speaker - Holiday Blues	17 8:00a FOOTCARE 7:00p Dance- Jamie Braham	18 ★ 10:00a Late Bloomers Garden Club
19	20 ★ Retired Teacher's Luncheon 9:30a The Frist Center 9:30a ...Tai Chi 10:00a "JUMPSTART YOUR JOINTS" ...	21 9:30a ...Cards, Knitting & Crocheting ★ 11:00a "Giving Thanks" Luncheon 1:00p Poker	22 CLOSED	23 Thanksgiving Day CLOSED	24 CLOSED NO DANCE!!	25 ★ 7:00p Gobble Wobble-Entice Band
26	27 8:00a FOOTCARE 9:30a ...Tai Chi 10:00a "JUMPSTART YOUR JOINTS"	28 9:30a ...Cards, Knitting & Crocheting 1:00p Poker	29 8:00a FOOTCARE 10:00a "JUMPSTART YOUR JOINTS" 11:00a ...Corn Hole	30 9:30a ...Bingo 11:30a ...Cards 1:00p ...ROOK		



TELEPHONE REASSURANCE- A service to Provide Comfort or Help

We have implemented a "redesigned" Telephone Reassurance Program. We have offered this program for many years but it has seemed to remain fairly small. Originally, this program was designed for the participant to receive daily phone calls from a volunteer at a designated time. This structure was intended to make a daily contact in order to insure that the senior was safe. If the individual did not answer a family member or neighbor was phoned and asked to make a check up visit.

We believe there are many more seniors we can reach with this program. The program will now offer 3 different ways in receiving this service. 1.) Some individuals may still want a daily call, others 3-4 times a week, they have a choice. 2.) Individuals may only want this service on a temporary basis, such as while recovering from surgery or an injury. 3.) Some may request a phone call only in the event of weather emergency, such as ice/snow, tornado etc to make sure participant has power & food, In the event that help is needed, appropriate measures will be taken to insure that the individual is assisted.

It is our hope that by broadening this service we will be able to reach more seniors in need. Especially those who are frail, isolated and/or live alone.

Applying for this program is SIMPLE ...Individual (or caregiver) needs to fill out a Participant Registration & short information form. Once completed, a volunteer will call to reaffirm the request and make sure all of the needed information is correct. The volunteer will then make calls in accordance with the agreed upon request. Individuals may request this service for themselves or refer someone they think could benefit from the program.

We are also seeking volunteers as well!! Volunteers will be required to complete a short orientation and then they will be ready to volunteer from the comfort of their own home if they wish!

For more information, to make a referral or to become a volunteer please contact Beth or Elaine.



Help your Senior Center EVERY time you grocery shop!

Kroger is committed to helping our communities grow and prosper through Kroger Community Rewards®. They will match a portion of your dollars spent & donate them back to us each quarter!

*Register your current plus card online @www.krogercommunityrewards.com

(If you do not have one- one may be obtained @ customer service desk of any Kroger)

*Click on Sign In/Register

*Most participants are new online, so you must click on SIGN UP TODAY in the new customer box.

*Sign up your Kroger Rewards Account by entering zip code, clicking favorite store, entering your e-mail address, creating a password & agreeing to the terms and conditions.

*You will then get a message to check your e-mail inbox & click on a link within the body of the e-mail.

*Click on **MY ACCOUNT** and use your e-mail address & password to proceed to next step.

*Click on **EDIT KROGER COMMUNITY REWARDS** information & input your Kroger Plus card number.

*Update or Confirm your information

*Enter our **NPO # (92669)** OR select **Robertson County Senior Center** from list & confirm

*To verify you are enrolled correctly, you should see **Robertson County Senior Center** on the right side of

your information page.

If you do not have internet access or have trouble registering...please contact Beth



601 Locust St. Springfield, Tn 37172

615-384-6367

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ORGANIZATION
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Ask about Ad space!

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